



# POI

## Materials:

- 1 ankle sock
- A few strips of materials
- String
- Tape
- Filling (corn sized grain)

## Method:

1. Tie a knot near the toe of the sock.
2. Add filling to sock.
3. Tie another knot as close to the top of the filling as you can to create a ball.
4. Cut off elasticated top of sock.
5. Take string and measure from your hand to just beyond the elbow and cut.
6. Tie string tightly around heel knot and wrap tape round to secure.
7. Tie other end of string in the middle of elasticated sock from earlier so there are two finger holes and secure with tape.
8. Add strips of material to toe knot to create tails.